

# Director Wellness & Leadership Pathway



Focused on leader wellness, this 15-hour course pathway equips directors and administrators with the tools to lead effectively, manage operations confidently, and support their teams by combining strong leadership practices with strategies to reduce stress and prevent burnout.

- **PROF114:** Adult Social-Emotional Wellness
- **PROF113:** Reducing Stress and Burnout for Caregivers
- **ADM115:** Successfully Marketing Your Program
- **ADM118:** Creating an Operational Budget for a Child Care Center
- **ADM121:** Early Childhood Leadership Skills in Action
- **ADM114:** Five Steps to Building a High-Performance Team

⊕ Available in English & Spanish

⊕ All courses recognized for IACET CEUs.

